

Community Calendar

Heart Saver CPR and First Aid Class, September 15, 8:00 a.m., J.C. Blair Education Center. **Call 643-8839** to register.

American Red Cross Bloodmobile, October 10, 10 a.m. – 3:30 p.m., J.C. Blair Education Center. **Call 643-8537**.

National Depression Screening Day, October 11.

Huntingdon County Healthy Communities Partnership Meeting, October 19, 9 a.m., J.C. Blair Education Center. Call 643-8833 for more info.

Scott Grugan Memorial Run/Walk, October 20, 9 a.m. start, Flagpole Hill. **Call 643-8833** to register.

Healthy Harvest Festival, October 20, 10 a.m. – 5 p.m., Downtown Huntingdon.

American Cancer Society's Look Good...Feel Better Program, October 24, 4 - 6 p.m., J.C. Blair Education Center. **Call 1-888-227-5445** to register.

Women's Heart Health Screening, November 10, 8 a.m. – Noon, J.C. Blair Wound Healing Center. **Call 643-8833** to register.

Charity Ball, November 17, 8 p.m. – Midnight, Huntingdon Country Club. **Call 643-8833** for tickets.

Auxiliary Book Sale, November 28-29, J.C. Blair Main Lobby

Healthcare Provider CPR Classes, November 30, 8 a.m., J.C. Blair Education Center. **Call 643-8839** to register.

Ongoing Events

Diabetes Self-Management Classes, morning and evening classes are scheduled throughout the year. **Call 643-8537** for more information and a free brochure.

Free Lung Screenings, the first Wed. of every month or by appointment, 1 – 3 p.m. Call Cardiopulmonary Department **643-8645**.

Prenatal Classes, scheduled monthly, two Tuesday evenings from 6:30 – 8:30 p.m. in J.C. Blair's Maternity Classroom. **Call 643-8839** for the next scheduled class and to register.

Free Mental Health Screenings, call J.C. Blair Behavioral Health Services at **643-8880** for an appointment.

Car Seat Safety Checks, scheduled monthly, the third Tuesday of the month, 3:30 – 6:30 p.m., J.C. Blair's Main Parking Lot. Call **643-8833** for more info.

Alcoholics Anonymous weekly meeting on Wednesdays at 10:30 a.m. in the J.C. Blair Education Center