

PRESS RELEASE



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FOR IMMEDIATE RELEASE

Remember Health this Mother's Day

Huntingdon, PA (5/9/06) – As Mother's Day approaches, J.C. Blair celebrates women and everything they do with Women's Health Week 2006. Too often women are so busy caring for their family, their neighbors, and their community that they forget to care for themselves. The Hospital has partnered with Dr. Graham, Tapestry of Health, the Medicine Shoppe and the American Cancer Society to offer screenings and programs for specifically for women.

On Saturday, May 13, J.C. Blair is offering prenatal classes in the JC Blair Education Center, 8:30 a.m. – 4:30 p.m. Expectant moms and support persons can call 643-8839 to register. The classes are offered monthly.

On Monday, May 15, the J.C. Blair Bone Density Suite will host a Focus on Osteoporosis, 12 noon – 3 p.m. Bone Density Technologist Penny Shope will open the suite for tours and answer questions from both men and women regarding prevention and treatment of osteoporosis. And from 9 a.m. to 3 p.m., the Medicine Shoppe will offer osteoporosis screenings in the JC Blair Community Resource Library. For more information, call 643-8833.

On Wednesday, May 17, Dr. Stephen Graham, obstetrician/gynecologist will provide free check-ups for uninsured women in his office on the second floor at J.C. Blair. Appointments are required. Call his office at 644-6588.

Throughout the week, Centre/Huntingdon Tapestry of Health will offer free clinical breast exams to uninsured women. Call 643-5364 to schedule an appointment. Free mammograms are also available to eligible women through the American Cancer Society's Mammogram Voucher Program. Call 643-8833 for more information.

For more information on any of these events and to receive a free screenings and immunization guide, contact the J.C. Blair Community Relations Office at 643-8833 or log onto www.jcblair.org.

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